

PHELPS MEMORIAL HOSPITAL AUXILIARY

News and Notes

Mar-Apr 2011

Read it now on the web at <http://www.phelpshospital.org/auxiliary/>

EDITED by JIM REIDY



President's Message

*By Jim Goldsmith,
Auxiliary President*

Will Spring ever come? That's the question a lot of us are asking, as we constantly look out at the many inches of snow on the ground (and ice too) that will not go away. A small token of things to come is that it is somewhat light out now past 5 PM. Can Daylight Saving Time be far behind?

With Spring comes our annual meeting, which will be held at the James House Mansion on Monday, April 11 starting at 1 PM. and lasting till about 3 PM. We are starting a little earlier this year so that our featured speaker, Dr. Franklin Zimmerman can give his talk and return to his patients.

You won't want to miss Dr. Zimmerman, who will talk about his findings on how watching your favorite sports team play can have an effect on your blood pressure, as well as presenting a most interesting study on the health of some of our former U.S. presidents.

Also, we will be introducing our new Officers and Keith Safian will address the meeting, followed by refreshments.

We are also planning our second Craft Fair, once again being held at the James House Mansion on June 11 from 10 AM to 4 PM (rain date June 12). It was a great success last year. If you didn't attend then, mark your calendar and join us for a fun and interesting day. All the crafts are skillfully made by hand and you will be amazed by the artistry exhibited.

Lastly, be sure to visit the hospital grounds in April to see the wonderful daffodils that Dr. Ippolito has generously planted as an enhancement to the overall beauty of the hospital.

An Evening of Fine Wine with Fine Friends

Being held on March 11th

By Ruth Burton, Development

Phelps' second wine tasting event, "An Evening of Fine Wine with Fine Friends," will take place at Trump National Golf Club on Friday evening, March 11, 6:30 p.m. This year's tasting will be led by John Komes, President and Founder of Flora Springs Winery. The Winery is known for their premium, handcrafted wines from organically farmed estate vineyards, made in a solar-powdered 19th century stone winery in the heart of Napa Valley. Tickets are \$125 each; hearty hors d'oeuvres served; RSVP by Friday, March 4. For more information please contact Ruth Burton in the Development Office, (914) 366-3115; rburton@pmhc.us. Online registration is available at www.phelpshospital.org.

2011 Annual Auxiliary Meeting

By Jim Reidy

The Annual Auxiliary Meeting will be held on April 11 in the James House Mansion at 1:00 PM. Elections for new officers will be held as well as a vote for an Auxiliary By-law amendment. **At least 25 members** are required to attend the meeting to assure a quorum.

The proposed amendment will allow the Board to autonomously create and dissolve specific committees of the Auxiliary, an authority presently provided for in the current by-laws. However, because of the **structure** of the document, the action of adding or removing a committee listing from the By-laws requires an amendment, even though the Board has the authority to change their existence. A full explanation will be provided to all current Auxiliaries by mail prior to the meeting as required.

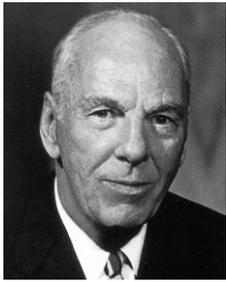
*** Save a Tree - Go Paperless ***

By Jim Reidy



Five times a year your Auxiliary prepares and mails 350 copies of this Newsletter. At \$0.44 a copy, we spend \$154 per issue in postage alone. Add the price of printing and it becomes costly. If you can or would like to receive your Newsletter in your email, contact me at phelpsaux@optimum.net. You can read the newsletters online, as well, at <http://www.phelpshospital.org/auxiliary/>.

Today, despite the many ways we get information through the various forms of electronic media, Reader's Digest is still the most widely read magazine in the world. It is printed in 14 languages and distributed in over 100 countries. At one time in 1967 it had over 100 million readers a month.



DeWitt Wallace

The magazine was the brainchild of DeWitt Wallace, the son of a minister, who was born in Minnesota in 1889. He dropped out of college and took part in World War I where he was wounded by shrapnel in 1917. DeWitt recuperated for seven months in a hospital, which gave him plenty of time to do a lot of reading. During this time the idea came to him of condensing articles that he read and liked into a magazine. He did a number of other jobs after being discharged from the army, but his idea for the magazine never wavered. His number one supporter was the woman who ultimately became his wife, Lila Acheson. They came to New York, were married in a church in Pleasantville and settled in New York City. They launched their magazine from the apartment where they lived in Greenwich Village in February of 1922. The first issue expressed their philosophy that each of the 31 articles was chosen for its enduring value and interest as the pocket-sized magazine was distributed to its first 1500 subscribers. It came out monthly at a cost of twenty-five cents an issue and three dollars for an annual subscription. As the magazine grew, the Wallaces moved to Pleasantville where they rented a garage apartment and horse stable. Eventually "Wally" and Lila moved into the village where they rented space in two bank buildings on opposite corners where the police station and the Chase Bank are located today. Finally, in 1939, the magazine had become so successful that the Wallaces purchased 80 acres of farmland in Chappaqua overlooking the Saw Mill River Parkway. Here they built a 700,000 square foot Georgian brick structure that became their headquarters. Lila, who was an equal partner with her husband in the Readers Digest Corporation, helped to design their "dream home" as they built an estate in Mount Kisco on a mountaintop overlooking a lake that became known as High Winds.

An important aspect of the phenomenal success of the magazine was that the employees were treated with tremendous compassion and generosity. Most of the staff worked only until 4 PM because Wally wanted his workers energized. Bus service was provided for many of the employees along with a subsidized lunch in the cafeteria that cost less than a dollar. They received four weeks paid vacation and many of the editors were treated to all expense paid trips to various parts of the United States.

Over the years the magazine increased its customer base by selling individual copies at newsstands and other outlets. It expanded further by producing condensed books and recordings. The childless Wallaces became very wealthy and supported many charities and worthwhile causes. Lila was responsible for saving the beautiful nineteenth century home, Boscobel, that is now in Garrison overlooking the Hudson River.

The headquarters in Chappaqua was sold in 2004 with Reader's Digest taking out a twenty-year lease in order to remain on the property. Unfortunately, they went bankrupt in 2009 and left Chappaqua for good in December of 2010. The 200 Chappaqua employees were relocated to Manhattan and White Plains.

Hopefully, the pocket-sized magazine will continue to be published and be an inspiration to all of us. The baseball immortal Jackie Robinson expressed it best when he said, "When I lay down my copy of Reader's Digest I am more confident about the ability of everyday people like me to make the world a better place to live in."



Phelps Annual Volunteer Supper

On June 1st at 4:00 PM, the Phelps Volunteers are invited to attend a dinner to thank them for their dedication and service to Phelps Memorial Hospital. The dinner will be held at The James House Mansion. Specifics about the evening will be posted in the next issue of News and Notes. Mark your calendars, volunteers, and accept our thanks. You are all an invaluable asset to this hospital community.

What's Facebook?

by Jim Reidy, Inspired by Pam Cardozo from an article in "Consumer Reports"

So many new terms. So many unfamiliar references. What are all these strange "computerese" words anyway? This new series will try to explain them.

Facebook - A computer-accessible network of over 500 million users that provides a means of sharing thoughts, ideas, pictures, videos and other things. You establish "friends" (whom you might know personally) with whom you are willing to share your stuff. "Friends" can include people who share an interest with you, went to the same school as you, work at the same place as you (there is even a "Phelps Hospital" Facebook page), or any other similarity. They can even be friends of friends, people you don't know. It's not unusual for people to have hundreds of "friends". You can choose who can see your information, your postings, your photos, videos and notes. Nothing, however, prevents anyone from copying and redistributing anything you post. You can become a world figure, like it or not. Facebook is here to stay - like it or not. *Use Facebook with care.*

Nominees for the Upcoming Elections

Co President Mark Frederick
 Co President Jim Goldsmith
 1st Vice President Rose Marie Parisi
 2nd Vice President Laurie Zimmerman
 Treasurer Jack Beck
 Asst. Treasurer Nancy Eichorn
 Secretary Sara Boyce
 Asst. Secretary Phyllis Weaver
 Nominating Chair (Currently Open)

Be sure to be there and vote!!!

❖❖❖ Dates to Remember ❖❖❖

An Evening of Fine Wines with Fine Friends
 Thursday, Mar. 11, 2011 Trump National Golf Club -
 RSVP by Friday, Mar. 4

Volunteer Supper - Wednesday, Jun. 1, 2011 4-7 PM at
 the James House Mansion. All volunteers are welcome.

Phelps Golf Classic & Tennis Tournament - Monday,
 Jun. 13, 2011 Sleepy Hollow Country Club - Introducing
 the addition of a Tennis Tournament - RSVP by Wednes-
 day, Jun. 1 to Ruth Burton - 914-366-3115

24th Annual Champagne Ball - Saturday, Oct. 15, 2011
Trump National Golf Club - RSVP by Monday, Oct. 3
 RSVP: Ruth Burton, Dev.Off., 366-3105; rburton@pmhc.us

Upcoming Auxiliary Board Meetings

Mar. 16 and Apr 20 - All meetings will be held in the
 Board Room and will start at 9:00 AM unless otherwise
 posted.

The Annual General Membership Meeting will be held
 on April 11 at 1:00 PM in the James House Mansion.



We are looking for YOU..

The Newsletter Committee is always looking for
 people to help out by writing articles and
 bringing in fresh ideas. If you'd like to become a
 member or submit items for publication please
 contact me, Jim Reidy, at phelpsaux@optonline.net.

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Editorial Staff, Contributors and Proof-Readers

Jim Goldsmith Nancy Eichorn Jim Reidy
 Pam Cardozo Dennis Corcoran Pat Makai
 Fran Kelly Iris Hill Ruth Burton

*** *Photos courtesy of Jim Goldsmith* ***

News and Notes is published by the Phelps Memorial Hospital
 Auxiliary, Sleepy Hollow, NY 10591. Contributions, comments
 and suggestions are welcome.

Please call the Volunteer Office at (914) 366-3170.

Welcome to our Newest Volunteers

by Fran Kelly

Madhurita Bhattacharya	Sleepy Hollow	Administrative
Anne Buzzeo	Pleasantville	OT
Mary Fenwick	Ossining	Info Desk
Deborah Hunt	Bronx	Wound Care
Jasmine Johnson	Croton on Hudson	Transport
Jordan Lynch	Tarrytown	Food Service
Charlie Scatamacchia	Scarborough	Trans and Patient Rep
Mark Shuman	Highland Falls	PT

Welcome to our Newest Auxilians

Submitted by Nancy Eichorn

Rose Anderson, Rosalyn Beck, Horst Berger
 Ann Cashen, Lora Colucci, Shirley Feldman
 Elisabetta Ippolito, Wayne Martin
 Gregory Martin, Susan Zullo

GIFT SHOP LOBBY SALES

Schedule courtesy of Iris Hill

MARCH

Thursday	03/03/11	As Seen on T. V.
Friday	03/04/11	D & D Jewelry
Friday	03/11/11	The Sunglasses Guy
Wednesday	03/16/11	Leather Outlet
Thursday	03/31/11	Discounted Nursing Shoes

APRIL

Friday	04/01/11	Activewear Plus
Thursday	04/14/11	Your Nutz
Thursday	04/28/11	Books are Fun
Friday	04/29/11	Books are Fun

In Memoriam

STEVE AUBRY

Steve, 43, of Moab, UT, the son of Richard Aubry MD and
 Mary Galgano (a current Auxilian), passed away on January
 18, 2011. He is survived by his mother and father; his sister,
 Ann Marie Aubry of Moab; his brother, Rich Aubry MD of
 Needham, MA; and his brother, John Aubry of Fortuna, CA.

VINCENT CAFARCHIO

"Vince" passed away on Thursday, February 24, 2011. He
 was a Transport volunteer since October 22, 2008. Vincent is
 survived by his wife, Sandra, who volunteered in the Gift
 Shop, by his children Michael and Laura and three
 granddaughters. Vince was 74 years old.

JOHN EDWARD WENK JR

The son of former volunteer, Rachel "Grace" Wenk and his
 late father, John Sr, John Jr, passed away on Jan. 7, 2011 at
 the young age of 57. He is survived by his wife, Mary Jo, his
 mother, and two children, John Joseph and Jenna Marie.

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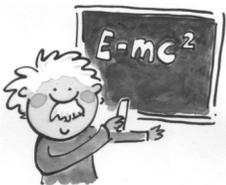
**PHELPS MEMORIAL HOSPITAL AUXILIARY
SLEEPY HOLLOW, NY 10591**

Pam's Corner

by Pam Cardozo

Student Volunteer, Hayley Zullo, Named Intel Semifinalist

On January 26, one of our Student Volunteers, **Hayley Zullo**, learned that she was named a Semifinalist in the 2011 Intel Science Talent Search competition. Three-hundred seniors from 172 high schools across the country were selected from 1,744 entrants. As the nation's oldest and most prestigious pre-college science competition, the Intel Science Talent Search brings together the best and brightest young scientific minds in America. Each Semifinalist receives a \$1,000 award, with an additional \$1,000 going to his or her school.



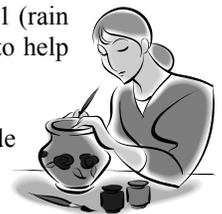
A Phelps Student Volunteer since 2008, Hayley joined her Ossining High School Science Research Program in 10th grade. She spent the following two summers participating in research projects in the Genetics and Development Lab at Columbia University Medical Center. Her research involved the study of epigenetics, or the study of factors beyond the basic genetic sequence that contribute to how genes are expressed and how genetic expression is affected by disease. Hayley's mother, Susan, recently joined our Volunteer team. Congratulations to Hayley!!

We also congratulate former Student Volunteer, **Madeline Nocero**, who was among the eight Ossining High School Intel Semifinalists. Ossining High School tied with the Bronx High School of Science in producing the highest number of Intel Science Talent Search Semifinalists.

Volunteers Needed for June 11 James House Mansion Craft Fair

The second James House Mansion Craft Fair to benefit the Phelps Auxiliary will be held on Saturday, June 11 (rain date June 12) from 10:00 AM to 4 PM. Volunteers are needed throughout the day, especially at 8:00 AM to help the vendors set up their tables, at mid-day to work at the "food court," and at the end of the day for clean-up.

A Bake Sale is also planned, so if you would like to donate and/or sell baked goods, we need you! Homemade items sell the best! If you wish to be a vendor of handmade crafts, send an email to: jameshousecraftfair@gmail.com.



Phelps to Sponsor Half Marathon on Saturday, March 26

Rivertown Runners, in collaboration with the Village of Sleepy Hollow, is organizing a 13.1 mile "half marathon" on Saturday, March 26. Phelps will be the premier sponsor, and proceeds will benefit Kids Club of Tarrytown. Volunteers are needed to fill and hand out cups of water at the four tables that will be set up on the Phelps campus to hydrate the runners! If you can volunteer some time for this worthwhile event, please call Volunteer Services, 366-3170.

