

PHELPS MEMORIAL HOSPITAL AUXILIARY

News and Notes

SepOct 2009

Now on the web at <http://www.phelpshospital.org/auxiliary/index.php>

EDITED by JIM REIDY



Rose Marie Parisi

President's Message

By Rose Marie Parisi

Welcome back!

Those lazy, hazy days of summer will soon be fading along with the dazzling sunlight. Let's hope we have a beautiful Indian summer!

In June, the Auxiliary held a very successful Bake Sale. I want to thank everyone who made it possible – the cake-bakers, the cookie-cutters, the fudge-makers, and all the Auxilians who sold the delicious goodies. Thank you all. Watch for the next bake sale – there will be a surprise!

The planned winter drive for coats, hats and scarves will take place in the middle of November. Please put aside any winter apparel that you don't need any longer, and join our effort to help those in need stay warm during the cold months. There will be a reminder about the drive in the next newsletter.

The Auxiliary Board would like to publish a cookbook as a fund-raiser – a project that hasn't been undertaken since the last one was published in 1980. Please gather and categorize your recipes. Details will follow in the next newsletter.

As Washington Irving said – "Great minds have purposes, others have wishes." The Auxiliary, full of purpose, is a gathering of great minds!

Keeping People Safe and Warm

By Jim Reidy

This November Phelps Memorial Hospital Center Auxiliary will be accepting new or gently used coats, scarves, hats, gloves and even heavy sweaters for the less fortunate during these trying times. With the economic hardships and difficulties many are having these days, this is a good time for all of us to think about sharing with those who are struggling.

If you have any of these kinds of items that you wish to donate, please collect them and be ready to bring them to the Volunteer office so they can be collected and distributed to those in need. The specifics will be announced in the November newsletter. Check out your closets and be generous. After all, no one should be cold.



Champagne Ball

By Jim Goldsmith

The Phelps Memorial Hospital's annual fundraiser, the Champagne Ball, will be held on October 17th at the Trump National Golf Club in Briarcliff Manor.

Once again your Auxiliary is purchasing a table for ten people. Enclosed in this News & Notes is your chance to win a free ticket (or tickets) to attend. There is no cost to you and the event is always fun to attend, to see and to be seen. There will be live and silent auctions as well as terrific music to dance or just listen to. The food is always great and worth the trip.

You can attend by either buying a ticket by calling the Phelps Development Office at 366-3111 or by filling out the enclosed form and returning it to the volunteer office by September 30th for the October 1st drawing.



See you there!

Welcome New Board Members

Although elections were held in April at the Annual Auxiliary Membership Meeting, this newsletter could not, due to timing, publish the results of the election in the May edition. We are pleased, now, to present to you the latest Auxiliary Board Members:

President Rose Marie Parisi
 1st Vice President..... Marguerite Klein
 2nd Vice President..... Laura Zimmerman
 Secretary Lynne Hansen
 Assistant Secretary Helen Chanowsky
 Treasurer Mary Kay Olson
 Assistant Treasurer Nancy Eichorn

Area Chairpersons

Briarcliff/Scarborough Marguerite Klein
 Chappaqua Rose Marie Parisi
 Croton..... Marguerite Klein
 Irvington/Elmsford Muriel Ruchti
 Peekskill Mary Ann Lawlor
 Pleasantville/Hawthorne Lynne Hansen
 Sleepy Hollow/Tarrytown Sylvia Krell

A Little Local History

By Dennis Corcoran

The Quadricentennial of the Hudson River - Part IV



Robert Fulton

Travelling was difficult, at best, in the early nineteenth century. Sloop sailing was one means of travel but it could be slow because it depended solely on the wind. American inventor and engineer, Robert Fulton, spent \$20,000 perfecting his steamship. He wouldn't have succeeded without Robert Livingston, wealthy aristocrat and heir to Livingston Manor in upstate New York. Fulton was able to launch *The Clermont* (originally called "The North River Steamship") on its maiden voyage on August 17, 1807 from New York City to Albany. Fulton didn't invent the steamship but he made it practical, cost effective and profitable as he started a transportation revolution in the United States. The steamship made it possible to move goods and people quickly over long distances. For example, with his steamship the voyage from Albany to New York City was traveled in 62 hours as opposed to the week that it took under sail.

Dewitt Clinton, one of the great leaders of our state, was a visionary as he helped launch New York truly as the "Empire State". He was from a prominent family that included his father James, who had fought the British in the Hudson Highlands during the Revolutionary War and his uncle, George, who was the first governor of New York, serving from 1777 through 1795. Dewitt himself became mayor of New York City (1803-1811) where he helped to shape the city by starting the public school system and making New York City a center of culture and art. It was as governor (1817-1822) that he began his most ambitious project - the building of the Erie Canal. The canal was built between 1817 and 1825 and would be referred to by many cynics as "Clinton's Ditch." When it was finished it stretched from Albany to Buffalo (363 miles) and connected the Hudson River to the Great Lakes. It helped to build trade and commerce as the Hudson River became the "Gateway to America." As a result, villages like Utica, Rochester and Syracuse became important cities along its route.



Dewitt Clinton

The Hudson, with its beautiful scenery, helped to usher in a group of artists who became renowned for their paintings of landscapes and the river's natural beauty. They became known as the Hudson River School which included the School's founder, Thomas Cole, as well as Jasper Cropsey, Frederic E. Church, James McDougal Hart and many others.



Headless Horseman

They were joined by a group of writers who became known as the "Knickerbocker Writers" whose name was derived from the Dutch influence in Washington's Irving's fictional *Knickerbocker's New York*. It also includes James Fenimore Cooper and his *Leatherstocking Tales*. These men, the first to make a living solely by writing, wrote about American scenery and landscape along the Hudson River similar to their painting counterparts. Irving used life in the Tarrytown area, interspersed with fantasy, and wrote his folklore tales about *Ichabod Crane* and *the Headless Horseman*, and *Rip Van Winkle's* 20 year sleep. Cooper's writings were works of historical fiction that incorporated the natural settings of the upper Hudson and the surroundings to tell about the French and Indian War in *The Last of the Mohicans*.

Note- Information derived from The Hudson - America's River by Frances F. Dunwell.

Note - If you would like to know more about the Andre-Arnold conspiracy, join us for a fun day on Sunday, September 20th as part of "The Ramble" celebration of the Hudson River. We will meet at the Croton ShopRite lot at 10AM. Tickets are \$15 for the bus and \$25 for a luncheon at "1776 House" where John Andre was held prisoner. Call me at 914-769-8819 for tickets and information.

Life at Kendal on Hudson

By Fran Kelly

As a Kendal resident, I am often asked: "***Is Kendal a Condo? A Co-op? A Rental? Is there a waiting list? Do you like it?***" My answers are always, "***No, No, No (well, maybe kind of), Yes and Yes, very much.***"

Kendal on Hudson, affiliated with the Pennsylvania-based Kendal Corporation, is a not-for-profit, Quaker-related, Continuing Care Retirement Community. Its 300 residents, 65 years and older, occupy 222 fully equipped independent living apartments which range in size from studios to large two-bedroom-plus den units. Once approved financially and medically, residents enter into a contract that guarantees them lifetime care. Residents pay an entrance fee based on the size and location of the selected apartment. (Half of this fee is returned to the estate.) The monthly fee, based on the size of the apartment, covers one meal a day plus various services.

As needs change, contract holders can move to one of the 24 enriched housing suites or 42 skilled nursing units. It is not uncommon for a resident to move temporarily into one of these units while recovering from a medical problem or surgery -- hence the term "continuing care." Kendal residents have the best of all worlds—a beautiful place to live, close to the Hudson, surrounded by a caring staff and good friends. My recommendation? Get on the waiting list now. Don't wait till you're "ready." Come while you are young enough to fully enjoy the richness of life at Kendal. And then become a Phelps volunteer!

GIFT SHOP LOBBY SALES

Schedule courtesy of Iris Hill

September

Fri	9/11	D & D Jewelry
Tue	9/15	Sock Exchange
Wed	9/16	Applause Fashions
Thu	9/17	Exile C.D.'s
Fri	9/18	Full of Sheets
Wed	9/23	Smart Circle Discount Tickets
Thu	9/24	Activewear Plus

October

Thu	10/1	Lillian Wetzel Jewelry
Fri	10/9	Silver Dreams Jewelry
Thu	10/15	Books are Fun
Fri	10/16	Books are Fun
Tue	10/20	Save on Socks
Wed	10/28	The Glove Lady
Thu	10/29	Melvia Sportswear

ANOTHER SUCCESSFUL BAKE SALE

Contributed by Jim Goldsmith

On June 25th, your Auxiliary held another successful bake sale in the ground floor lobby next to the cafeteria. We raised very close to \$800 selling only baked goods with no crafts involved. Marguerite Klein headed up the committee this time and worked from early in the morning to late in the afternoon to make it work.

I must admit I was negligent on my reporting job, because I didn't write down the numerous people who helped sell that day, but our President, Rose Marie Parisi was in the thick of things all day selling everything except the tables the baked items were displayed on.

We are having another bake sale on **SEPTEMBER 17** and we will need a lot more baked goods than before if we are going to break the total of our last sale.

SO, COME ON ALL YOU AUXILIANS, SIGN UP TO BAKE AND WORK AT THE SALE. LET'S MAKE IT OUR BEST BAKE SALE EVER!!

Welcome to our newest volunteers!!

Courtesy of Pat Makai

Jeffrey Barouch	Ossining	Info Desk/Atrium Transport
Diana Schiavone	Valhalla	Info Desk/Gift Shop
Jessica Gomez	White Plains	OB/Gyn
Bonnie D'Emidio	Ossining	Retail Pharmacy
George Slocum	Ossining	Administrative
John Marcheski	Briarcliff Manor	Transport
Kassandra Charles	Greenwich, CT	Physical Therapy
Barbara Fixler	Tarrytown	Newborn Hearing
Sujith George	Port Chester	Hospital Pharmacy
Shakeel Khan	Armonk	Chaplain

Welcome to our Newest Auxilians

Submitted by Nancy Eichorn

Jeffrey Barouch, Bonnie Boyce
Burton Koyner, John LeVar



We are looking for YOU.

The newsletter committee is always looking for people to help out by writing articles and bringing in fresh ideas. If you'd like to become a member or submit items for publication please contact me, Jim Reidy, through 914-366-3170.

Upcoming Auxiliary Board Meetings

Sept 16th and Oct 21st at 9:00AM in the Board Room.

News and Notes Sep-Oct 2009 Vol. XI No. 4

Editorial Staff and Contributors

Jim Goldsmith Nancy Eichorn
Pam Cardozo Dennis Corcoran
Pat Makai Iris Hill Jim Reidy

*** Photos courtesy of Jim Goldsmith ***

News and Notes is published by the Phelps Memorial Hospital Auxiliary, Sleepy Hollow, NY 10591. Contributions, comments and suggestions are welcome.

Please call the Volunteer Office at (914) 366-3170.

In Memoriam

NORMA N. HERGUTH

Norma died peacefully at home on Thursday, May 7, 2009. She was 86 years old. Norma was born in Tarrytown on October 13, 1922 to Lucy M. and Harold G. Neubrand. She was an active member of the Phelps Memorial Hospital Auxiliary, Sleepy Hollow Society and Historical Society of the Tarrytowns. She is survived by her three children, three grandchildren and two great-grandchildren.

ETHEL M. "SANDY" GHIAZZA

Sandy died July 25, 2009 at age 69 after a long illness. Sandy was born in Mt. Kisco, NY on June 27, 1940 the daughter of Roswell and Martha Johnson. She was a clerical worker for Higham Press in Pleasantville for over 30 years. Sandy was a communicant of St. Theresa's R.C. Church, in Briarcliff Manor. She also volunteered at Phelps Memorial Hospital at the Information Desk. Sandy is survived by her two children and two grandchildren.

DOROTHY E. KILMER

Dorothy died peacefully on July 25th at Tarrytown Hall Care Center. Dorothy was born in Tarrytown on February 9, 1921 to Alex and Bertha (Schmidt) Kilmer. She was an active member at the United Methodist Church of the Tarrytowns teaching Sunday School and was a Soloist and Choir member for over 50 years. Ms. Kilmer was very active in her community holding offices in several organizations and volunteered at Phelps Memorial Hospital for many years.

May God bless you and keep you by his side.

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PHELPS MEMORIAL HOSPITAL AUXILIARY
SLEEPY HOLLOW, NY 10591

Pam's Corner

By Pam Cardozo

colleges working in various service areas around the hospital, e.g. Information Desk, Transport, Atrium Ambassador Service, Pre-Natal Clinic, Emergency Room, Hospitality, Pediatrics/Nursery, and at our Thrift Shop in Tarrytown. They have all done such a great job and it's been a pleasure to see them around the hospital with their enthusiasm, crisp uniforms and smiling faces!



To show our appreciation for a job well done we have had pizza lunches to recognize these students' reliability and diligence. They were also presented with a small gift and awarded certificates for successful completion of our 2009 Summer Student Volunteer Program.

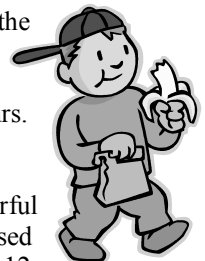
ANOTHER THANK YOU – to our senior volunteers who spent the summer with us. They were a great help in guiding and teaching our students and we thank them for giving up some of their “summer” time.



NEW SERVICE - We have recently introduced a new volunteer service here at Phelps, the Atrium Ambassador Service, with a desk set up in the Atrium of the 755 building, Monday through Friday, 9am - 3pm. The purpose of this service is to direct those outpatients and visitors unfamiliar with the hospital to their various destinations. The volunteer will, as needed, provide wheelchair assistance to any outpatients requiring this service.

COMPUTER SCHEDULING PROGRAM – **Another big Thank You** to David Guest, the creator of our student computer scheduling program. David's program enabled us to schedule hundreds and hundreds of assignments each month for all the students, thus making life much easier for us in the Volunteer Office! We cannot thank David enough for helping us with this mammoth project.

SNACK & LUNCH TICKETS - On August 3rd a new pricing and scanning program was introduced in the Cafeteria for employees - Quick Charge, a system similar to Easy Pass. The charges are made against the employee's salary by using a chip in the new ID. We have new tickets for our volunteers, to go along with the new pricing, showing a dollar value, e.g. \$5.00 for those working 4 hours, and \$10.00 for those working 6 hours. The reason the dollar amounts seem high is due to the increase in cafeteria food prices.



VOLUNTEERS WORKING TOGETHER - In collaboration with New York Life, we now have a wonderful book bin located in the Pediatric section of our Emergency Department. 250 books were donated and are housed in a wooden cabinet, also donated by New York Life, with a wonderful book assortment, suitable for ages 3-12. When the children are discharged from the Emergency Department, they will be able to choose a “present” – a book picked especially for their age group and, hopefully, these young patients will see their trip to our ED in a new light. This will be an ongoing, very worthwhile project and we cannot thank New York Life enough for their generosity and enthusiasm in bringing it to fruition.